



**Intellectual Output 3:  
Resources for promoting  
sustainable mobility by bike  
SPAIN**





## Resources for the expert/decision makers

	Title of the Resource	Type of the Resource (app, video, article, mooc...)	Description of the content	Link	How It can be used	Costs
1	National Strategy for Safe, Sustainable and Connected Mobility 2030,	Rural mobility roundtable	The identification of different types of mobility solutions, success stories, barriers to their implementation, weak points, the monitoring of pilot projects and new developments based on digitization, can lead to the promotion, acceleration, and optimization of rural mobility solutions.	<a href="https://esmovilidad.mit.ma.es/mesa-de-movilidad-rural">https://esmovilidad.mit.ma.es/mesa-de-movilidad-rural</a>  <a href="https://esmovilidad.mit.ma.es/estrategia-estatal-por-la-bicicleta">https://esmovilidad.mit.ma.es/estrategia-estatal-por-la-bicicleta</a>	The Rural Mobility Roundtable is set up as a stable forum for participation between the different administrations and civil society associations to address the challenges of mobility in environments with low population density.	
2	EU CYCLE Interreg Europe. Cycling for development, growth and quality of life in	Best practices from EU project	EU CYCLE aims at improving performance of 4 policy instruments addressed through interregional learning and regional action planning. It will thereby contribute to better quality	<a href="https://projects2014-2020.interregeurope.eu/eucycle/good-practices/">https://projects2014-2020.interregeurope.eu/eucycle/good-practices/</a>	EU CYCLE increases capacities both on the governance side of policy instruments and on the side of potential beneficiaries to develop and realize projects.	



	European regions		cycling projects, to raise share of cycling in target regions via improved policies and state-of-the art solutions, with a higher impact on decarbonizing transport.			
3	Strategy of the metropolitan area of A Coruña.2017	Transport and mobility roundtable	Design of a comprehensive metropolitan transport and mobility plan aimed at solving the problems of citizens, sustainable, respectful of the environment and favoring the use of public transport.	<a href="http://www.amac.gal/e/strategia-metropolitana-amac/es/mesas-y-grupos-de-trabajo/mesa-3-transporte-y-movilidad">http://www.amac.gal/e/strategia-metropolitana-amac/es/mesas-y-grupos-de-trabajo/mesa-3-transporte-y-movilidad</a>	Coordination roundtables for metropolitan transport, with the participation of political leaders and technicians from the municipalities in the area: Abegondo, A Coruña, Arteixo, Bergondo, Betanzos, Cambre, Carral, Culleredo, Oleiros and Sada.	
4	Bicicoruña	Case studies	Best practices from A Coruña that have successfully implemented bike-friendly	<a href="https://www.bicicoruna.gal/es">https://www.bicicoruna.gal/es</a>	The materials provide real-world example of how biking can be integrated into urban	

			infrastructure and promoting bike-sharing programs		and suburban environments, and how it can benefit communities and businesses.	
5	Best Practices to Encourage Biking: An overview of European National Cycling Strategies	Online Article	This article provides an overview of the various cycling strategies being implemented across Europe.	<a href="https://fifteen.eu/en/resources/blog/best-practices-to-encourage-biking-an-overview-of-european-national-cycling-strategies#implementing-effective-cycling-policies">https://fifteen.eu/en/resources/blog/best-practices-to-encourage-biking-an-overview-of-european-national-cycling-strategies#implementing-effective-cycling-policies</a>	From the Netherlands, who invented the national cycling strategy in 1990, to countries like Denmark who already have a strong cycling culture, the strategies being implemented in these countries can serve as inspiration for anyone looking to promote and encourage cycling.	
6	Guide to recommendations for the design of cycling infrastructure	Good practice guide	The Ministry of Transport, Mobility and the Urban Agenda (Mitma) has drawn up the Guide to recommendations for the design of cycling	<a href="https://cdn.mitma.gob.es/portal-web-drupal/esmovilidad/guia-recomendaciones/guia-de-infraestructura-ciclista.pdf">https://cdn.mitma.gob.es/portal-web-drupal/esmovilidad/guia-recomendaciones/guia-de-infraestructura-ciclista.pdf</a>	The Mitma aims to provide a tool that helps reorient mobility towards more sustainable and active means of transport,	



			infrastructure, with the aim of becoming a reference manual for those public Administrations that undertake, within the scope of their powers, the planning, construction and maintenance of these infrastructures.		which in turn allow the protection of the health, environment, climate, air quality, well-being and safety of all citizens, be it in the urban, metropolitan, interurban, rural or natural environment.	
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